

In the box:

- Paddle Board
- Aluminium Paddle
- Detachable Fin
- Safety Ankle Leash
- Bungee Cord
- Hand Pump
- Backpack
- Repair Kit



Inflation:

1. Unroll your board so that it lays top-side up.
2. Push the valve button down and give it a half twist clockwise. This will pop it up into the UP position.
3. Attach the pump hose with a half twist clockwise onto the valve.
4. Begin pumping. For best posture, keep a straight back and bend your legs with each pump stroke.
5. Remove the pump hose with a half twist anti-clockwise.
6. Screw on the valve cap.

The Fin:

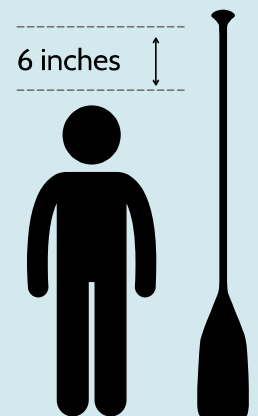
1. Remove screw & square washer from fin, insert washer into base slot and slide towards nose of the board.
2. Locate the knobs on the back of the fin.
3. Angle & insert base slot & slide towards the back of the board.
4. Align the hole in the fin with the hole in the square washer. Insert screw through fin & washer until tight.

Deflation:

1. Remove the fin.
2. Remove the valve by twisting anti-clockwise.
3. Push the button straight down then give it a half twist anti clockwise. Be ready as the air will pour out! The half twist locks the bottom down so that air can freely flow out.
4. Once the air is released, begin tightly rolling from the opposite end to the valve, then insert back into the bag.

Paddle:

1. Adjust the paddle height so that it is roughly 6 inches above your head. Use this as a starting point and then adjust it up or down depending on your preference as you paddle.



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